

Borth beach 10Km Race 3 August 2008

Position	Name	Club	Time	M/F	Cat
1	Mikey Baley	U/A	40.14	M	Senior
2	Norman Biggs	U/A	40.18	M	Senior
3	Gethin Holland	Aberystwyth AC	40.43	M	Senior
4	Jac Morris	U/A	41.03	M	Senior
5	Adam Grew	U/A	41.41	M	Senior
6	Mark Zitting	Evesham Vale	42.29	M	Senior
7	Tristan Price	U/A	42.38	M	Senior
8	Joseph Hubbard	Fletchley & Kibworth	43.11	M	Senior
9	Graham Garlick	Leamington AC	43.24	M	V/40
10	Brian Rossell	Cardigan RC	43.27	M	V/40
11	Peter Walters	TROTS	43.30	M	V/40
12	Shelley Childs	Aberystwyth AC	43.58	M	Senior
13	Louise Barker	Aberystwyth AC	44.01	F	Senior
14	Ravi Hensman	Manchester Uni	44.13	M	Senior
15	Nic Pugh	U/A	44.18	M	Senior
16	Marianne Hensman	Bournville	44.40	F	Senior
17	Clive Evans	Aberystwyth AC	44.50	M	V/60
18	Mark Steiler	Aberystwyth AC	45.34	M	V/40
19	Ricky Francis	U/A	45.41	M	Senior
20	Sion Williams	U/A	45.57	M	Senior
21	Frankie Vaughan	Merrionydd RC	46.13	M	V/50
22	Colin Broomfield	U/A	46.50	M	V/40
23	Mark Lankester	Felxtowe Runners	46.52	M	V/40
24	John Evans	Aberystwyth AC	47.04	M	V/60
25	Simon Levy	Bank of England	47.06	M	V/40
26	Robert Spotswood	Abergele Harriers	47.40	M	V/50
27	Adam Smith	Cardiff Harlequins	47.53	M	Senior
28	Deb Sault	U/A	48.15	F	V/35
29	Adriano Evola	Aberystwyth AC	48.28	M	V/40
30	Matt Curtis	U/A	48.57	M	Senior
31	Dafydd Llewelyn apDaniel	U/A	49.03	M	V/40
32	Clive Williams	Aberystwyth AC	49.12	M	V/50
33	Dai Roberts	U/A	49.38	M	V/40
34	Paul Edwards	U/A	49.53	M	Senior
35	Anita Worthing	Aberystwyth AC	50.22	F	V/45
36	David Breakwell	U/A	50.42	M	V/40
37	Chris Belton	U/A	50.42	M	Senior

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38	Mark Evans	U/A	51.22	M	Senior
39	Helen Williams	Aberystwyth AC	52.35	F	V/45
40	Nigel Morrison	U/A	54.08	M	Senior
41	Matthew Robinson	U/A	54.38	M	Senior
42	Lee Walker	Stourbridge	55.12	M	V/40
43	Tina Edwards	U/A	55.22	F	V/35
44	Debbie Nash	Aberystwyth AC	55.26	F	Senior
45	Daniel Cox	U/A	56.05	M	Senior
46	Mike Powell	U/A	56.24	M	V/60
47	Peter Williams	U/A	56.55	M	V/40
48	Helen Stretch	Aberystwyth AC	57.24	F	V/55
49	Menna Stevens	Aberystwyth AC	58.21	F	Senior
50	Julie Cox	U/A	59.25	F	V/35
51	Dave Robson	Elvet Striders	60.17	M	V/50
52	Glen Robson	U/A	60.17	M	Senior
53	Shan Breese	Aberystwyth AC	60.31	F	V/45
54	Louise Jones	U/A	60.39	F	V/35
55	Dudley Murfin	U/A	60.55	M	V/60
56	Nikola Sutton	U/A	61.15	F	Senior
57	Marjorie Griffiths	Bro Dysynni	63.34	F	V/55
58	Rebecca Breakwell	U/A	65.22	F	Senior
59	Rachel Williams	U/A	66.38	F	Senior
60	John Goodger	U/A	71.12	M	V/60
61	Bobi Goodger	U/A	74.10	F	Senior
62	Sarah Davies	U/A	74.38	F	V/45
63	Jean Williams	U/A	78.18	F	V/55
64	Emma Morgans	U/A	78.18	F	V/35
65	Trudi Jansen	U/A	95.10	F	V/50